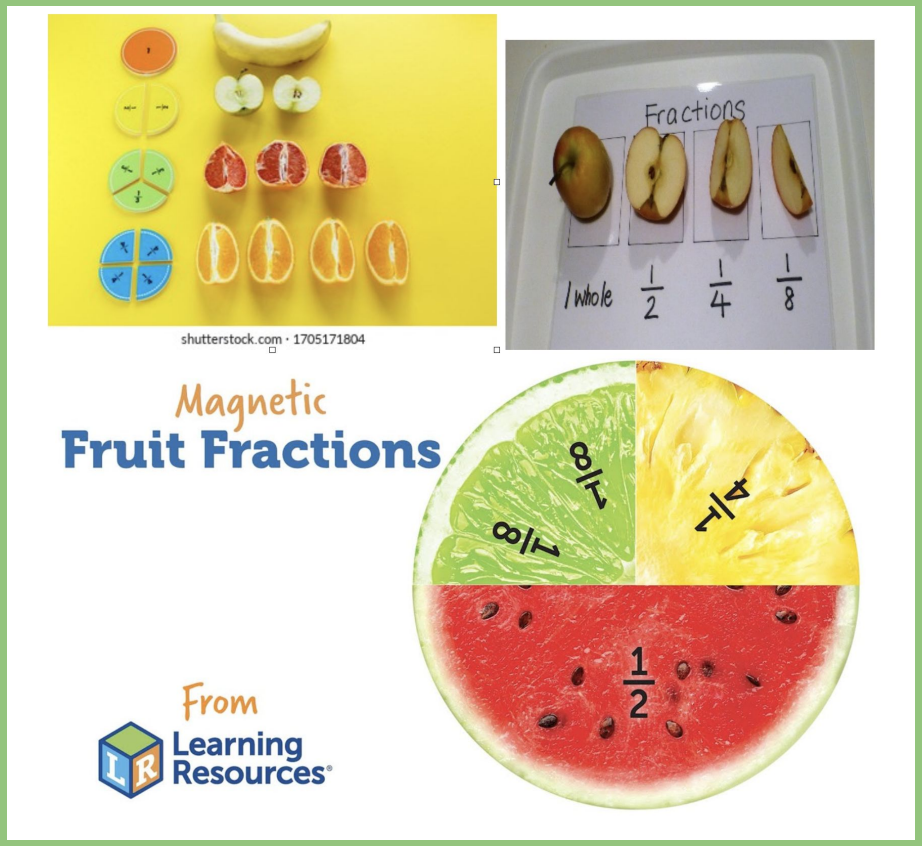
Unit 5: All Parts Make a Whole



Make a Fruit Salad!

Take the following ingredients:

- one whole banana
- one quarter of an apple
- one half of kiwi
- one third of an orange

Chop ingredients into little pieces.

Enjoy your fruit salad!

Grasshoppers

- In Uganda's central region, nsenene is prepared both by vendors and by children and parents at home. Ugandans pluck off grasshoppers' wings and legs, and then fry the unlucky insects in their own oil with onion, chili, or other spices.





Frog

Frogs' legs are an extremely common delicacy in French cuisine. Elsewhere in the world, they are equally appreciated in Chinese cuisine, as well as the cuisines of Vietnam, Indonesia, Portugal, Spain, and beyond.



Turtle soup

- Turtle eggs were eaten, and turtle soup or stew and various other dishes featured turtle meat instead of chicken, turkey, beef, fish, or lamb. The flavor of turtle meat was so delectable that Americans catapulted it into near legend.
- Also, China, Malaysia, Taiwan, Japan, Singapore, Indonesia, and United States



Crab

- Black pepper **crab** · A plate of Chilli **crab** · **Crab** in Padang sauce · Indian **Crab** masala · A **crab** cake served atop a bun · **Crab** rangoon.
- Across the globe, the United States is one of the largest importers of crab; other importing countries are China, Canada, Thailand, and Indonesia. Moreover, China is the largest exporter of crab in the world.



Fish

- The most popular seafood specialties are sushi, sashimi, fish and chips, and grilled seafood.









Mobile app

MyHealthPyramid

Jennifer Terry
Contains ads

3.6★ 39 reviews | 10K+ Downloads | PEGI 3

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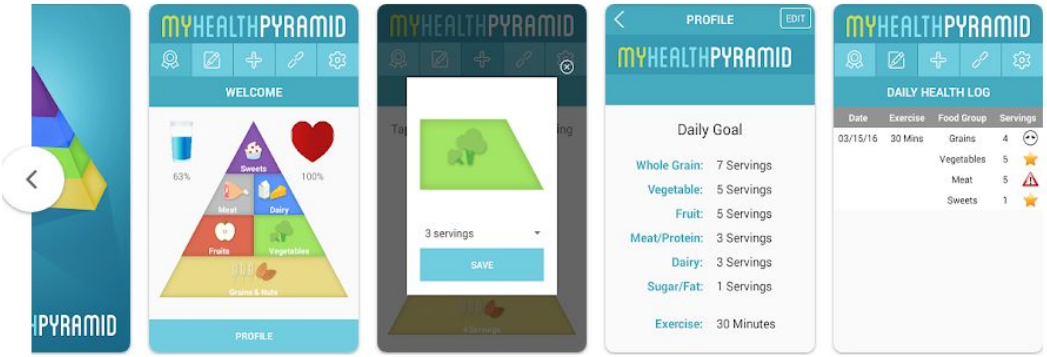


About this app →

MyHeathPyramid is a simple, user friendly application use to set and record your daily goal heathy eating habits, exercising, and staying hydrated. The application is formulated around the USA Food Pyramid guidelines as well as the American Heart Association guidelines to get at least 30 minutes of moderate exercise per day. The user will use quick easy steps to record how much exercise the user is doing, how much water the user is drinking, and which food groups the user has eaten from every day. A goal section so the user can make small daily adjustments towards a healthy lifestyle will be available. There is also a log section to see how well you are

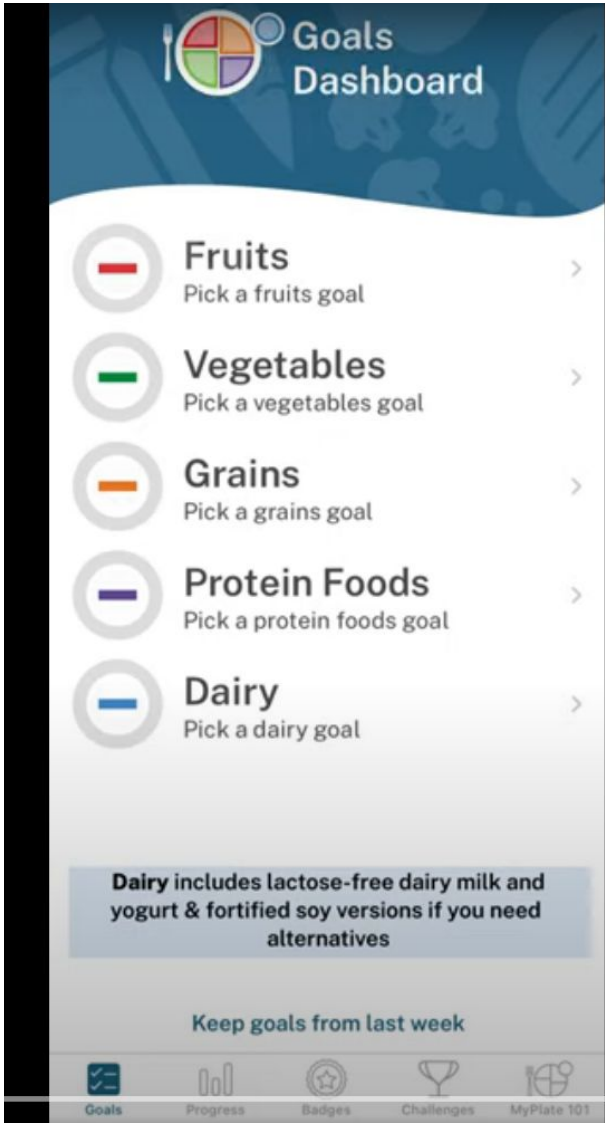
App support

Similar apps →

- The Fast 800 — The Fast 800 — 4.4★
- Step counter, pedometer — StepsMagic — 4.3★
- Sidekick Health — Sidekick Health — 4.0★
- Lasta: Healthy Weight Loss — HealthArt Tech Limited — 5.0★

Mobile apps

- **Get started with *Start Simple with MyPlate*!**
- Meet healthy eating goals one at a time! Use the *Start Simple with MyPlate* app to pick simple daily food goals, see real-time progress, and earn badges along the way. This easy-to-use app can help you make positive changes. Healthy eating can help you achieve a healthier life overall.



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Download on the App Store

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Caterpillar Game

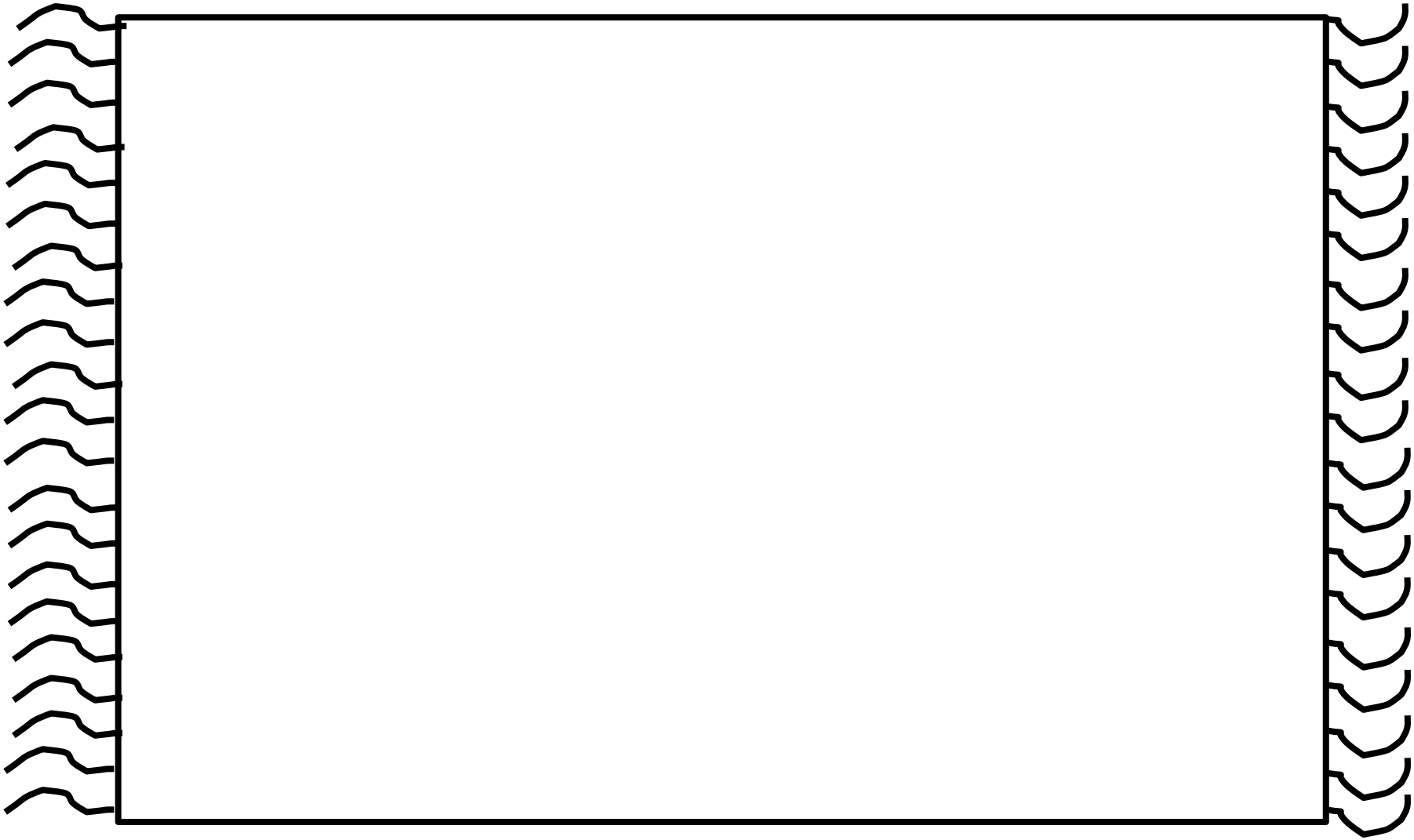


Vest with task and solution of another task



Children create caterpillar

Design a Carpet



Help for student

